



UMC Utrecht

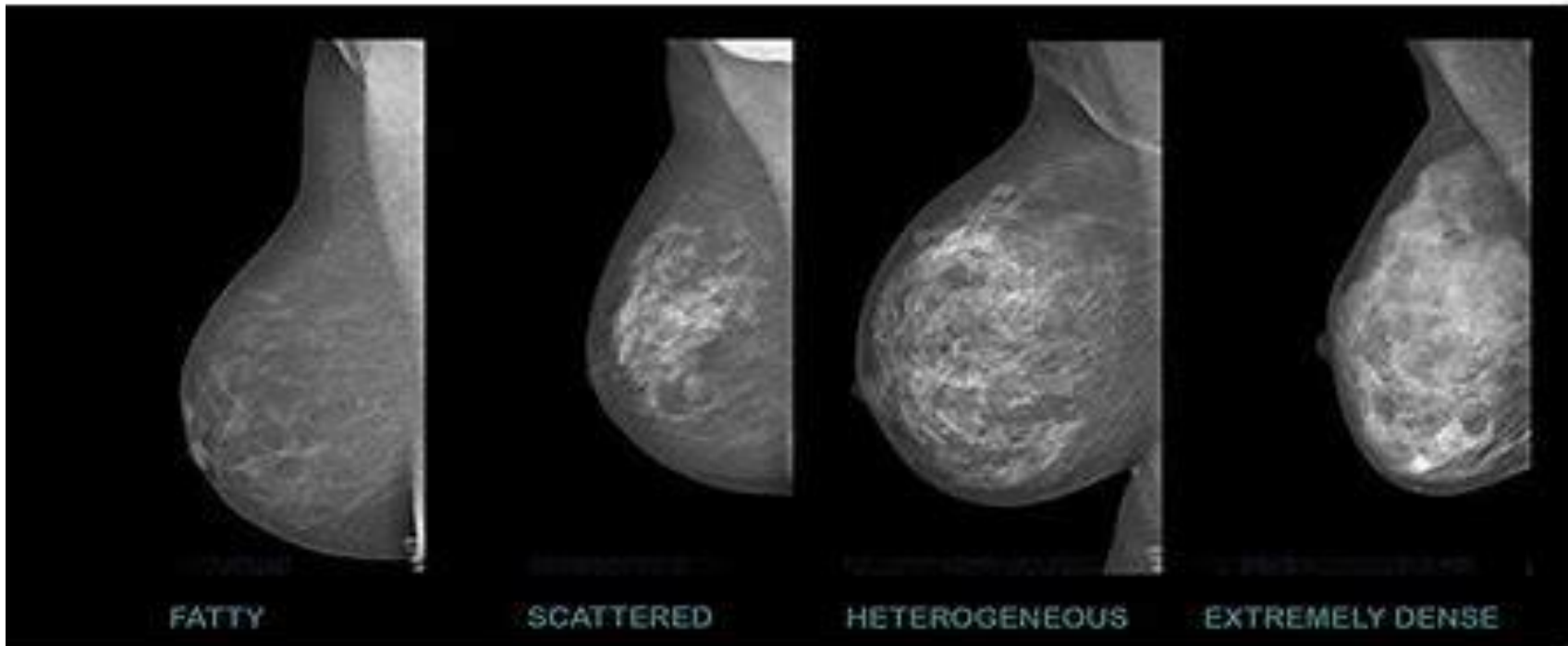
# Diagnostic value of Three-dimensional Ultrasound in breast cancer screening participants referred with a BI-RADS 0 test result: a comparison of imaging strategies (TURBO)

Bianca den Dekker, MD - PhD student

Prof dr R.M. Pijnappel  
Prof dr H.M. Verkooijen  
Dr M. Broeders



# Breast density



- High breast density reduces sensitivity of mammography<sup>1</sup>
- High breast density is a risk factor for breast cancer<sup>2</sup>

1. Boyd, N.F., et al., *Mammographic density and the risk and detection of breast cancer*. N Engl J Med, 2007. **356**(3): p. 227-36.

2. Pisano, E.D., et al., *Diagnostic performance of digital versus film mammography for breast-cancer screening*. N Engl J Med, 2005. **353**(17): p. 1773-83.



# Breast Ultrasound



- High inter-observer variability
- Time consuming

## 3-Dimensional Automated Breast Ultrasound

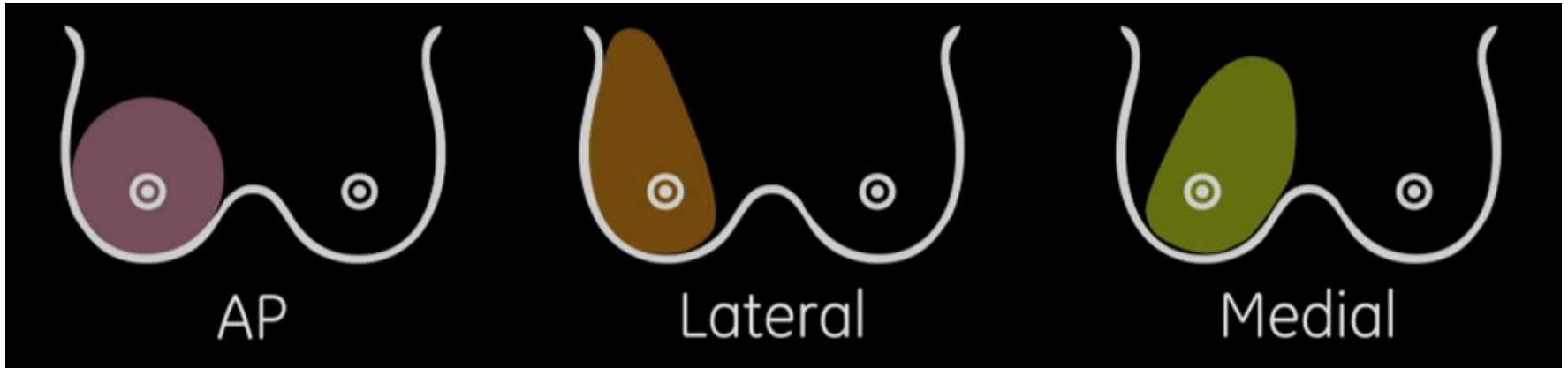


# Invenia ABUS



# Invenia ABUS





# Invenia ABUS



# Advantages 3D ABUS

- Standardized image acquisition protocol
- Image acquisition by technician
- Digital storage
  - Enables re-evaluation, double reading, CAD<sup>3</sup>





# SomoInsight Study<sup>4</sup>

- **Design:** Multicenter observational study
- **Population:** 15,315 women, mean age 53.3, with heterogeneously (50-75%) or extremely (>75%) dense breasts
- Addition of ABUS to screening mammography

4. Brem, R.F., et al., *Assessing improvement in detection of breast cancer with three-dimensional automated breast US in women with dense breast tissue: the SomoInsight Study*. *Radiology*, 2015. **274**(3): p. 663-73.



# SomoInsight Study<sup>4</sup>

- **Design:** Multicenter observational study
- **Population:** 15,315 women, mean age 53.3, with heterogeneously (50-75%) or extremely (>75%) dense breasts
- Addition of ABUS to screening mammography

## Results

- Additional 1.9 detected cancers per 1000 (95% CI 1.2-2.7, p-value <0.001)  
93.3% of additional cancers were invasive
- Increase in recall rate 284.9 per 1000 (95% CI 278-292, p-value <0.001)

4. Brem, R.F., et al., *Assessing improvement in detection of breast cancer with three-dimensional automated breast US in women with dense breast tissue: the SomoInsight Study*. *Radiology*, 2015. **274**(3): p. 663-73.



# EASY Study<sup>5</sup>

- **Design:** single center observational study
- **Population:** 1.668 asymptomatic women, mean age 49.5, with heterogeneously (50-75%) or extremely (>75%) dense breasts
- Addition of ABUS to mammography

5. Wilczek et al. Adding 3D Automated Breast Ultrasound to mammography screening in women with heterogeneously and extremely dense breasts. Report from a hospital-based, high-volume, single-center breast cancer screening program. European Journal of Radiology 85 (2016) 1554–1563



# EASY Study<sup>5</sup>

- **Design:** single center observational study
- **Population:** 1.668 asymptomatic women, mean age 49.5, with heterogeneously (50-75%) or extremely (>75%) dense breasts
- Addition of ABUS to mammography

## Results

- Additional 2.4 detected cancers per 1000  
95% CI 0.6-4.8, p-value < 0.001
- Additional 9.0 recalls per 1000  
95% CI 3.0 – 15.0, p-value 0.004



# Rationale TURBO study



- BI-RADS 0 referral
  - 88% false positive result<sup>6</sup>
  - 20% undergoes invasive diagnostic procedures<sup>6</sup>

→ Optimize the imaging strategy in women referred with a BI-RADS 0 result



# Objective TURBO study



To investigate the diagnostic accuracy of 3DUS as a standalone imaging modality as well as in combination with conventional imaging modalities to diagnose breast cancer in Dutch breast cancer screening participants referred with a BI-RADS 0 mammography result.



# Objective TURBO study



To investigate the diagnostic accuracy of 3DUS as a standalone imaging modality as well as in combination with conventional imaging modalities to diagnose breast cancer in Dutch breast cancer screening participants referred with a BI-RADS 0 mammography result.

## Secondary objectives

- To investigate the diagnostic accuracy among subgroups of patients based on mammographic density and age.
- To determine the biopsy referral rate for the different imaging strategies.
- To assess the interobserver reliability for 3DUS.



# Study design

Multicenter diagnostic study





# Study design

Multicenter diagnostic study

## Participating hospitals



Elisabeth TweeSteden Ziekenhuis Tilburg



Rijnstate

Rijnstate Ziekenhuis Arnhem



**catharina**  
een santeon ziekenhuis

Catharina Ziekenhuis Eindhoven



# Study design

Multicenter diagnostic study

## Participating hospitals



Elisabeth TweeSteden Ziekenhuis Tilburg



Rijnstate

Rijnstate Ziekenhuis Arnhem



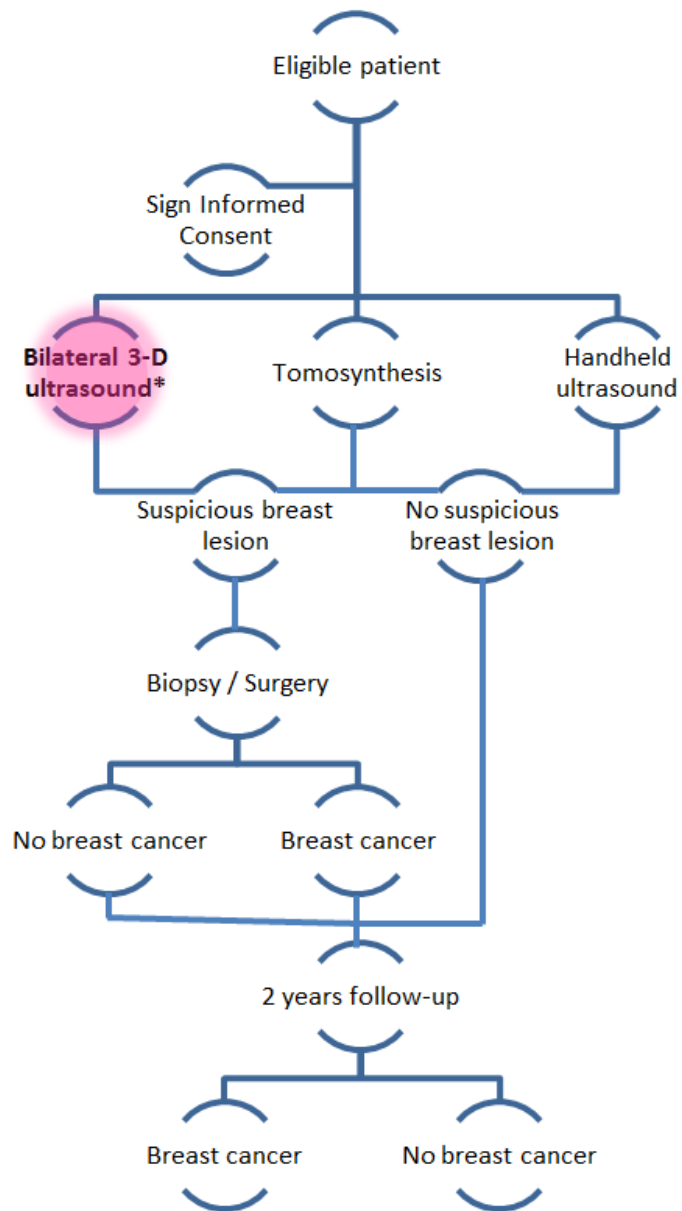
catharina  
een santeon ziekenhuis

Catharina Ziekenhuis Eindhoven

**Study population:** Dutch breast cancer screening participants with a BI-RADS 0 mammography result, who are referred to one of the participating hospitals for further diagnostic work-up

**Sample size:** 600





\*3-D ultrasound image acquisition has to be completed before any intervention is performed



# Reader study

- Independent assessment of different imaging strategies
  - **3D ABUS**
  - **Tomosynthesis + HHUS ('current practice')**
  - **Tomosynthesis + 3D ABUS**
  - **Tomosynthesis + HHUS + 3D ABUS**



# Planning

<b>Time period</b>	<b>Activities</b>
April 2018 – October 2019	Patient inclusion Data collection
End of 2019	First results (histopathological outcome)
End of 2021	Final results (follow up outcome)



**B.M. den Dekker**

**Department of Radiology**

**UMC Utrecht Q1.4.43**

**PO box 85500, 3508 GA Utrecht**

 **06 39636265**

 **[B.M.denDekker-3@umcutrecht.nl](mailto:B.M.denDekker-3@umcutrecht.nl)**

